

Tennessee R.E.A.D.S. NEWS



Tennessee State Library & Archives
Tennessee Department of State, Tre Hargett, Secretary of State

In the Spotlight: Jena Gray and Jill Rael, Fayetteville-Lincoln County

Kids are kids. Which means they often lose things, like library cards. And even if they manage to hang onto their library cards, they sometimes forget to renew them. All of which means that library usage decreases, which is a problem that came to the attention of two of the top administrators at the Fayetteville-Lincoln County Public Library.

Jill Rael, the library's director, and Jena Gray, her assistant director, sometimes get together to brainstorm about various issues over coffee. It was during one of those sessions that Gray came up with the idea of using children's school lunch numbers as identification for library use.

Gray first read about the concept in an article, then later learned more details at a Buffalo River Regional Library workshop called "Book Xchange: School Library + Public Library." The workshop touted a successful cooperative between public libraries and public school children in Murfreesboro.

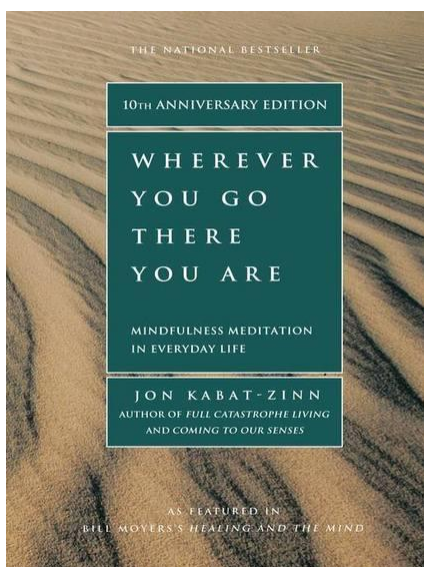
The lunch numbers, which are assigned to students when they enter pre-kindergarten and stay with them until they graduate from high school, are easily remembered. Having those numbers double as library card numbers means students can rely upon memory, rather than physical cards with unfamiliar barcodes, to check out books from R.E.A.D.S.

There are no physical cards to lose and the lunch numbers don't expire until the students have graduated. However, the lunch numbers can only be used for materials in an electronic format, such as those offered through the R.E.A.D.S. program. If students want to check out actual hard copies of books, they must follow the standard procedures for obtaining library cards.



This past spring, Fayetteville-Lincoln Public Library began a partnership with the city schools. Rael and Gray demonstrated the R.E.A.D.S. site and explained to the students how they could use their lunch card numbers to check out digital books. This happened just prior to the start of the library's summer reading program. The skinny on logistics provided by Rael is this: All children are entered into the library's database with their lunch numbers, names and schools. If they already have library cards on file, their 10-digit barcode numbers become an alternate form of identification so they can use either number. If they decide after being issued access through the lunch numbers that they want actual library cards that allow them the ability to check out physical library books, then they can come in and go through library card application process with a parent or guardian present. The results have been measurable. Kid's Corner is a prominent button on the Fayetteville-Lincoln County Public Library webpage that links readers to R.E.A.D.S. for Kids! That has led to a sizeable increase in R.E.A.D.S. circulation. On June 20 of last year, the circulation stood at 1,219. On the same date this year, it was up to 1,592. During the upcoming school year the dynamic duo of Gray and Rael will expand this offer to county and private schools in Lincoln County. They are certain that children's R.E.A.D.S. numbers will flourish at those schools. As for whatever new challenges lie ahead, there's still plenty of coffee for Gray and Rael to share while they're facing them!

The Digital Bookshelf: Meditation - A Mindful Quest



With the school year starting and the holiday season fast approaching, many of us are starting to feel extra stress in our lives. There are, however, a number of books available through the R.E.A.D.S. program that are intended to help people calm their minds and "find their Zen." One example is **Wherever You Go There You Are**, a book by Jon Kabat-Zinn that has sold close to 1 million copies. It's available to check out through R.E.A.D.S. at: <http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=12C84FA5-47C8-425E-B105-F6A92F559F3B>

Kabat-Zinn is professor of medicine emeritus at the University of Massachusetts Medical School. In 1979, he founded the Mindfulness-Based Stress Reduction Clinic there. He has a PhD in molecular biology from the Massachusetts Institute of Technology.

Kabat-Zinn targets his patients' health issues through meditation. His methods have inspired patients at medical centers and hospitals as well as readers from all over the world to let go of past pain and future concerns. His guided meditation program teaches novices how to live each moment more fully.

What could his knowledge mean for your life? A simple R.E.A.D.S. download can introduce you to Kabat-Zinn's tips in the quest for

mindfulness.

Here are some other recommended titles about meditation:

How to Meditate by Pema Chodron

<http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=DDD63119-0AB5-4CDA-B8F3-54B1BF21863E>

Practicing the Power of Now by Eckhart Tolle

<http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=A043D128-E390-4CC7-8506-DAF63312B920>

Meditation for Beginners by Jack Kornfield

<http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=316453B4-E274-4EED-A351-D87A86AAFFBE>

The Miracle of Mindfulness by Thich Nhat Hanh

<http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=250B66BC-171E-4B0E-B9FA-8198DFD9F4D9>

Zen Mind, Beginner's Mind by Shunryu Suzuki

<http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=544C8432-9A06-4626-85DB-1CEEFD09C147>

Take Your Time by Eknath Easwaran

<http://reads.lib.overdrive.com/D7065EE2-6C3A-444B-AF29-82B32D5D4C25/10/50/en/ContentDetails.htm?id=A79311B9-5345-4364-8F3D-A9D388960381>

Mindful Work by David Gelles

<http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18->

5F47EC671829/10/50/en/ContentDetails.htm?id=EC5686AF-0E6B-43BF-B9D9-33CF93D68FA6

Cure by Jo Marchant

[http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-](http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=DB8CF36F-DA43-4E22-A8FC-1DA19BF65FE8)

[5F47EC671829/10/50/en/ContentDetails.htm?id=DB8CF36F-DA43-4E22-A8FC-1DA19BF65FE8](http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=DB8CF36F-DA43-4E22-A8FC-1DA19BF65FE8)

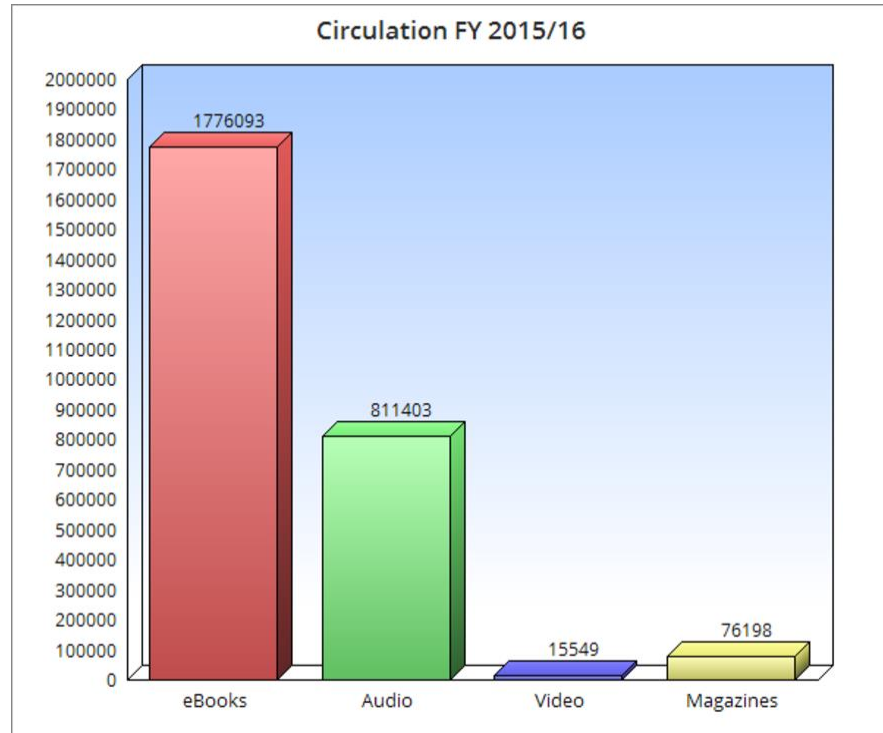
Why Meditate? by Matthieu Ricard

[http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-](http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=A8EC8118-F6CA-41FF-A582-182E71B511BD)

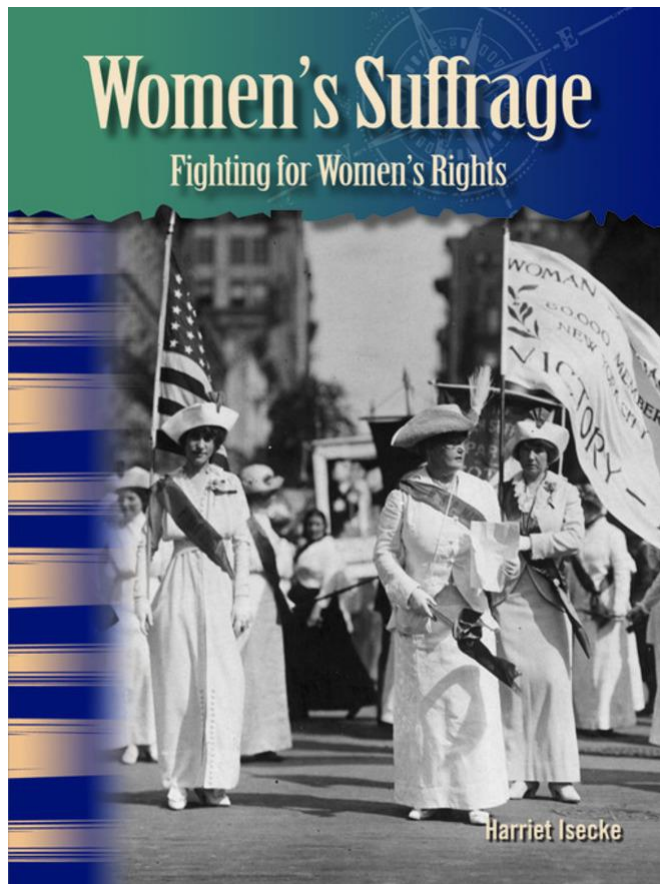
[5F47EC671829/10/50/en/ContentDetails.htm?id=A8EC8118-F6CA-41FF-A582-182E71B511BD](http://reads.lib.overdrive.com/D1D34778-00CB-4A53-9F18-5F47EC671829/10/50/en/ContentDetails.htm?id=A8EC8118-F6CA-41FF-A582-182E71B511BD)

R.E.A.D.S. Circulation

What have people been reading in R.E.A.D.S.? In the budget year that ended June 30, ebooks were by far the most popular publications, followed by audio books and, to a lesser extent, videos and digital magazines. Total circulation for the year was nearly 2.7 million. Please keep using R.E.A.D.S. and encourage your friends to do the same!



Tennessee's Role in Granting Women the Right to Vote



The 2016 presidential campaign is headed into its final weeks, with voters across the country scheduled to pick a new commander-in-chief Nov. 8. It may seem tough to imagine today, but had the election been held 100 years ago, roughly half of the population wouldn't have been allowed to vote.

It wasn't until 1920 that women got the right to vote – and Tennessee played a pivotal role in making that happen. In commemoration of that historic event, the Tennessee State Library & Archives recently added a new online collection that highlights that watershed moment in the nation's history, titled "Women's Suffrage: Tennessee and the Passage of the 19th Amendment." After a debate that had raged for years, 35 of 48 states then in the Union had ratified the 19th Amendment to the United States Constitution, which would give women the right to vote. One more state's approval was needed in order to meet the requirement that three-fourths of the states supported the measure.

At a special session called by Tennessee's legislature, the amendment was quickly approved by the state Senate but then faced tougher opposition in the House of Representatives. Harry T. Burn, a young House member who initially opposed the

amendment, changed his vote - reportedly at the request of his mother - and broke a tie that ensured the passage of a law guaranteeing half the country's population one of our most fundamental rights. The Library & Archives' online collection about the suffrage movement, drawn from the many documents and photographs in its collections, includes papers from prominent pro-suffrage lobbyist Carrie Chapman Catt, anti-suffrage lobbyist Josephine A. Pearson and Governor Albert H. Roberts, as well as letters, telegrams, political cartoons, broadsides, photographs and three audio clips. In all, the online collection already has more than 100 items and more will be added as the 100th anniversary of the suffrage vote approaches.

To view the collection, go to: <http://bit.ly/TNwomensuffrage> There are also a number of books available through the R.E.A.D.S. program, if you're interested in learning more about voting or the women's suffrage movement. Below is a sampling, with the available format shown in parentheses and ordering links included.

On voting:

Fanny Lou Hamer: Voting Rights Activist by TMW Media (streaming video)

<http://reads.lib.overdrive.com/D7065EE2-6C3A-444B-AF29-82B32D5D4C25/10/50/en/ContentDetails.htm?id=CD15FCD3-294C-46A5-B6DE-C2FE9F7965D0>

Because They Marched by Russell Freedman (ebook) <http://reads.lib.overdrive.com/D7065EE2-6C3A-444B-AF29-82B32D5D4C25/10/50/en/ContentDetails.htm?id=40A81E01-4899-4C79-BBFE-33AB494489F6>

On the women's suffrage movement:

Rightfully Ours by Kerrie Logan (ebook) <http://reads.lib.overdrive.com/D7065EE2-6C3A-444B-AF29-82B32D5D4C25/10/50/en/ContentDetails.htm?id=1FF1C13C-A2E4-48CF-A28E-6AECA7916DE>

Women's Suffrage by Dorothy Alexander Sugarman (audio) <http://reads.lib.overdrive.com/D7065EE2-6C3A-444B-AF29-82B32D5D4C25/10/50/en/ContentDetails.htm?id=64CB10DD-9341-4F84-8368->

[DD5BE7FC737D](#)

Women's Suffrage by Harriet Isecke (audio) <http://reads.lib.overdrive.com/D7065EE2-6C3A-444B-AF29-82B32D5D4C25/10/50/en/ContentDetails.htm?id=F253586E-F362-4FD5-8F63-E690B528950F>

More Free Digital Resources

Have questions about the Nov. 8 presidential election? Check out this website for official information about voting locations, requirements voters must meet, a link to the GoVoteTN voter app, and other frequently asked questions about Tennessee elections: <http://sos.tn.gov/elections>

Curious about your credit score? The Fair Credit Reporting Act requires each of the nationwide credit reporting agencies to provide you with a copy of your report once every 12 months. Only one website is authorized to provide these free reports. Don't be misled by the "look alike" sites that claim to be free but come with hidden charges.

Request your free report at: <https://www.annualcreditreport.com>

Frequently Asked Questions

When I try to sign into my R.E.A.D.S. account, I get a message that says "privilege expired." What does this mean?

This message (and others such as "user not found" or "user has blocks") comes from your public library, not from R.E.A.D.S. It indicates there is a problem with your account at your public library. The problem might be that your card has expired, you have unpaid fines or the library needs to update your mailing address. When you get a message like this, you need to contact your public library. Once your account there is clear, you will be able to sign into R.E.A.D.S. without difficulty.



Questions or Comments

Need help using R.E.A.D.S.? Send an email request to Support at rsupport.tsla@tn.gov